



GOURMET TAKE-HOME CUISINE

1350 South Howard Avenue, Tampa, Florida • 813 251 1500 • www.chavezathome.net

Our Specials for the week of December 1st thru December 5th. You can order these by phone or go to our website. Try our Lean & Mean Items, the ♥ means it is healthy - low carb or low fat or both. A lot of our items have sauces but they are always on the side.

If you are a busy, busy, busy with the Holidays and don't have time to cook a healthy meal we can provide all or a part of it. Call us in the morning to be sure we have what you need. We will package it and have it ready for you to pick up.

Chavez at Home offers appetizers for the impromptu cocktail party or an entire meal for two to thirty. It is always best to order that morning but we will try to help in any way we can.

Get a head start on Christmas Order your Christmas dinner now – eliminate a worry! Cross it off your list!

Monday:

Beef Chili

1/2 Chicken Duxelle with Madiera Sauce

♥Salmon with Sautéed Spinach & Tomatoes

♥Herb & Parmesan Encrusted Tilapia with Tomato Relish

Chicken Marsala with Marsala Sauce

Salteado

Meatballs with Marinara

Chicken Breast Florentine with Sundried Tomato Sauce

Eggplant Parmesan

1lb Bleu Cheese Burger topped with Bleu Cheese, Bacon & Caramelized Onions

Shrimp Tomato Pie

Chili Rellenos

Chicken Pot Pie – great comfort food!

Tuesday

♥Sweet Potato, Corn & Jalapeno Soup

½ Chicken Fricassee – Carrots, Celery & Mushrooms in a wonderful Cream Sauce

♥ Mediterranean Chicken Piccata – Skinless baked Chicken with Artichoke, Kalamata Olives & Capers

♥Roasted Salmon with Charmoula, Tomatoes & Potatoes – Charmoula is a heady blend of garlic, cilantro & cumin

Chicken Parmesan

♥Tilapia with Topped with Julienned Vegetables with Sundried Tomato Sauce on the side

♥Chicken Breast with Mushrooms, Garlic & Vermouth

Pork Loin with Apple Chutney and Pepper Relish
Salisbury Steak
Turkey Tetrazini
Yellow Rice & Chicken

Wednesday

Split Pea Soup

♥½ Jerk Chicken with Banana Ketchup – Not too spicy

♥Grilled Salmon with a Mustard Glaze with Grilled Asparagus

♥Seared Sesame Tuna with Roasted Sesame Garlic Sauce

Chicken Piccata with a Lemon Caper Sauce

Country Style Bar B Que Ribs

Sausage Lasagna

♥Chicken Breast Olivia – Grilled Chicken Breast with Tomatoes, Kalamata Olives & Artichokes

♥Baked Tilapia with Braised Scallions, Peas & Lettuce

Individual Beef Pot Pies

Thursday

Cream of Spinach Soup

½ Chicken Fricassee – Topped with a Rich Cream Sauce and Vegetable – one of my favorites!

♥Chicken Breast Maque Choux – Maque Choux is a New Orleans dish made with Corn & Red and Green Peppers

♥Salmon with Topped with Sundried Tomato

♥Tilapia topped with Fennel, Sweet Onions & Goat Cheese

Rigatoni Sausage Bake

Zucchini – Crusted Chicken with Portabello Mushroom Sauce

♥Chicken Breast Encrusted with Herbed Parmesan & Tomato Sauce

Friday

Seafood Chowder

♥½ Bar B Que Chicken topped with Onion Rings

♥Baked Salmon with a Leek Fondue

Fried Catfish

♥Grilled Chicken Breast with Sautéed Spinach & Mushrooms

♥Tilapia with Tomato, Swiss Cheese & Pesto

Chicken Breast Fricassee

1 lb. Cheddar Cheese Burger topped with Black Bean Salsa

We Cater Office & Private Events

Just Call and Ask!

www.chavezathome.net • 251 1500

